

# Queanbeyan & District Dog Training Club Inc

## ADVANCED SYLLABUS

<b>Aim</b>	The primary aim of this Class is to progress the standard of the dog's training and to enhance the handler's personal knowledge about the various teaching methods that can be used to train a dog.
<b>Objectives</b>	<p>By completion of this advanced phase of training the dog should be able to:</p> <ul style="list-style-type: none"> <li>• walk freely on the lead beside their handler,</li> <li>• respond to cue words (<i>ie. commands</i>) 'Heel', 'Stand', 'Drop', 'Stay', 'Come', 'Fetch' &amp; 'Give',</li> <li>• interact socially with other dogs, irrespective of size, age or breed.</li> </ul> <p>The handler should now have a very good understanding on how to:</p> <ul style="list-style-type: none"> <li>• teach a dog to respond to given words (<i>ie. cue words/commands</i>),</li> <li>• socialise a dog with other dogs, and</li> <li>• recognise dog behavioural signs, such as eye balling, dominance pose etc.</li> </ul> <p>This Class is the ultimate or definitive training level conducted by the Club for a dog to be considered to be an 'Obediently Trained Dog'. Therefore, when a dog and handler have successfully completed and passed this class, the handler has the <u>option</u> of either moving onto the more specialised dog trialling classes conducted by the Club (<i>ie. CCD or CD</i>) or simple repeating the Advanced Class as often as they desire.</p>
<b>Exercises taught</b>	<p><b>Heelwork (On Lead)</b> – Dog walks closely beside handler and responds to 'Heel, Stand &amp; Drop' commands without the handler having to use additional physical or verbal assistance.</p> <p><b>Figure Eight (On lead)</b> – Dog walks around two poles (<i>humans</i>) situated approx 3<sup>m</sup> apart.</p> <p><b>Stand for Examination (On lead)</b> – Dog examined in stand position. Handler stands directly in front holding lead and returns around back of dog to heel position after it has been examined. Dog is not to show any undue resentment or shyness while being examined.</p> <p><b>Recall (Off lead)</b> – Dog remains where left in sit position with handler in front approx 6<sup>m</sup> away. Dog comes when called and automatically sits in front without further assistance. Handler returns to heel position. The 'Finish' is <u>not tested</u> at this level but may be attempted.</p> <p><b>Sit Stay (Off lead)</b> – Dog remains where left off lead in the sit position with a group of other dogs for at least 1 minute with the handler standing in front approx 6<sup>m</sup> away.</p> <p><b>Down Stay (Off lead)</b> – Dog remains where left off lead in the down position with a group of other dogs for at least 2 minutes with the handler standing in front approx 6<sup>m</sup> away.</p> <p><b>Optional exercises taught (but not tested)</b> include the 'Finish' portion of the Recall; 'Retrieve on the Flat' (<i>which requires dog to retrieve a dumbbell on command</i>); and 'Change of Position' (<i>which requires dog to respond to the handler's command to drop from a stand position given from a distance</i>).</p>
<b>General</b>	<p><b>Class work</b> - All general class work conducted on the grounds is to be done with the dog <u>on lead</u> unless practicing specific <u>off-lead</u> exercises (<i>ie. Recall, Stays, Retrieve etc</i>). Instructors should introduce a variety of different motivational types of training into this class (<i>ie. Jumps, Tunnels, Retrieves, Flyball, Agility, Rally-O etc</i>).</p> <p><b>New exercises</b> introduced in the Class include the Figure of 8 component of the Heel on Lead exercise and the Finish component of the Recall exercise. (<i>Note: Finish is not tested at this level</i>).</p> <p><b>Sit &amp; down stays</b> need to initially concentrate on the three individual elements of these exercises which are Stability (<i>no movements</i>); Distance (<i>handler 6 metres away</i>); and Duration (<i>time away</i>).</p> <p><b>Heelwork</b> should be kept interesting. Work over and around broad and high jump boards; weave through cones; use all turns; change pace on the move. Continually try to keep up the handler's enthusiasm and confidence while stressing the importance of working as a team.</p>
<b>Assessment Day Exercises</b>	<p><b>Exercises and points</b> – Dog and handler need to be assessed to ascertain whether they have attained the aims and objectives of the exercises taught in Advanced class:</p> <ul style="list-style-type: none"> <li>• Heel on Lead (<i>All paces and turns with automatic sits and stands and drops on the move</i>) 25 points</li> <li>• Figure of 8 (<i>Dog &amp; handler heel around two human markers with at least one stop</i>) 5 points</li> <li>• Stand for Examination on lead (<i>Dog examined with handler in front approx 1<sup>m</sup> holding lead</i>) 10 points</li> <li>• Recall (<i>Handler in front approx 6<sup>m</sup>, dog comes when called, sits in front, Handler returns to dog - NO Finish</i>) 20 points</li> <li>• Sit Stay (<i>Group exercise for 1 minute; handlers 6<sup>m</sup> in front and return around back of dog</i>) 20 points</li> <li>• Down Stay (<i>Group exercise for 2 minutes; handlers 6<sup>m</sup> in front and return around back of dog</i>) 20 points</li> </ul> <p>To obtain a qualifying score the dog <u>MUST</u> achieve at least 50% or more in each exercise together with an overall total score of 75% or more (<i>ie. 75/100</i>).</p>

## Weekly Progression – Advanced Syllabus

<b>Week 1</b>	<p>Because many handlers have the option of repeating this class with their dogs rather than moving onto the trialling classes (ie. CCD &amp; CD) offered by the Club, this week's training should be based on getting a good understanding of each handler/dog's level of competency. Instructors need to carry out a general review of all work based on Intermediate level and brief the Class about the exercises they will be concentrating on during this term and what they want to achieve. Continue to perfect both methods of the 'Left-about turn' and explain to the handlers about the advantages &amp; disadvantages of using these methods.</p> <p><i>Note: Advise the handlers to bring along their retrieve articles along with them from next week onwards and explain how they should select a dumbbell which best suits their dog.</i></p>
<b>Week 2</b>	<p>Progress stability in stays. Perfect sharpness of all heeling position, in particular the different turns, by doing some static work. Stress importance of co-ordinated hand signals and verbal cues (ie. <i>commands</i>). Discuss the advantages of using dumbbells in lieu of a fun article.</p> <p><b>Instructor to introduce:</b></p> <ul style="list-style-type: none"> <li>• Figure of 8 (<i>taught in stages – left then right tight 1-2<sup>m</sup> circles using poles, witches hats etc</i>);</li> <li>• Dogs being examined in the Stand position (<i>handler stands next to dog</i>); and</li> <li>• Finish using the Continental method (<i>ie. dog goes around back of handler</i>).</li> </ul> <p><i>Note: Use various innovative and motivational training methods rather than strictly adhering to official ANKC Rule Book training etiquette. ie. Introduce jumps; weavers; witches hats etc to free up heeling/walking.</i></p>
<b>Week 3</b>	<p>Continue refining heelwork routines placing emphasis on using a loose lead; proper use of signals and verbal cues; flowing turns and smooth changes of pace on the move. Practice dropping from the Stand or Sit positions with the handler standing directly in front of the dog.</p> <ul style="list-style-type: none"> <li>• Figure of 8 – Practice entry/exit procedures as well as left and right circle work;</li> <li>• Recall – Practice getting the dog to come when called from a distance (ie. 2-3 metres) and to sit in front without the handler having to move backwards or giving too much assistance.</li> <li>• Sit &amp; Down stays - work on stability in position and less on distance. However, gradually increase the distance but <u>only</u> when the dog is stable.</li> <li>• Examination – only move handler from dog's side when stability is achieved.</li> </ul> <p><i>Note: Remember that all heelwork and examine training should be done with the dog on lead.</i></p>
<b>Week 4</b>	<p>Practice heelwork routines incorporating the Figure of 8 component. All other turns should be executed smoothly with limited handler assistance. Place emphasis on handler's use of verbal cues and giving simultaneous clear hand signals.</p> <ul style="list-style-type: none"> <li>• Figure eight – Start using human markers as poles (<i>NO dogs attached to humans</i>).</li> <li>• Examination - Increase the intensity while still perfecting stability (<i>no moving</i>). Handlers should now be leaving their dog and standing directly in front or at the end of the lead.</li> <li>• Retrieve - Explain the proper use of the retrieve cue words to 'Fetch and Give'.</li> <li>• Stays – Work on stability, duration, distance, leaving and returning.</li> </ul> <p><b>Instructor to introduce:</b></p> <ul style="list-style-type: none"> <li>• Finish using the Flip method as an alternative to the Continental method.</li> </ul>
<b>Week 5</b>	<p>Introduce a variety of different motivational training methods such as Rally O courses and jumps. Continue to advance the standard of achievement in all exercises, including the retrieve and static exercises. Sharpen up all the heelwork routines, including the figure of 8. This includes, loose leads; drops without excessive body movements; stands on the move; and automatic sits. Increase distances in both the Recall and Stay exercises and work on the handler leaving and returning to their dogs. Practice both the continental and flip finishes.</p>
<b>Week 6</b>	<p>Keep introducing motivational work – ie. Agility, Flyball, Jumps, Tunnels etc. Continue to progress the standard of achievement in all exercises. Handlers will need to work on getting their dogs to fetch the dumbbell as well as the dog returning and sitting in front without dropping it until given the command to 'give'.</p>
<b>Week 7</b>	<p>Discuss with the handlers what they want to achieve from training their dogs ie. Do they want to progress to trialling classes? or do they want to simply keep socialising their dog? Assess progress of each dog against the objectives and exercises as well as discussing Assessment Day procedures.</p>
<b>Week 8</b>	<p>Assessment Day.</p>