QDDDTC Training Syllabus Progression - Beginners to Trial Classes

| CLASS LEVEL | HEEL WORK EXERCISES |  |  |  |  |  | EXAM | RECALL | RETRIEVE ON FLAT | FIGURE 8 | CHANGE POSITION | $\begin{gathered} \hline \text { SIT } \\ \text { STAY } \end{gathered}$ | $\begin{aligned} & \text { DOWN } \\ & \text { STAY } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Lead \& Pace | Sit | Down | Stand | LT / RT | LAT / RAT |  |  |  |  |  |  |  |
| Beginners <br> Weeks 1-8 | All class work on lead in normal \& slow paces *fast pace can be introduced but only as a training aid. | Dogs auto sit or sit when told. <br> * Handler may give physical or verbal assistance. | Dog drops from static or moving position. *Down is not part of heeling routine. Handler may give physical or verbal assistance. | Dog stands from static or moving position. *Stand is not part of the normal heeling pattern. Handler may give physical or verbal assistance. | Left \& Right Turns to be $90^{\circ}$ changes in direction. <br> *Turns should flow and not be militaristic. Dog not pulled or overly coerced to make turns. | Only Right <br> About Turns <br> taught in beginners. <br> Turn is to <br> $180^{\circ}$ <br> *Left about <br> turns are <br> NOT <br> introduced <br> in this class. | Dog ON LEAD in sit position, with handler standing to dogs side. *Dog's head \& neck are given a cursory pat/touch. | Handler moves backwards \& calls dog to come. <br> *Dog does not have to sit in front \& additional assistance is permitted to get dog to come. | Introduced as a fun exercise. <br> *Retrieve <br> NOT tested. <br> Toy is to be something the dog likes. Dog is taught to respond to 'Take, Hold \& Give' |  | *Not introduced at this level | Group of dogs ON LEAD to stay in a sit position for up to 30 seconds. Handlers directly in front and return directly beside their dog. | *Not taught as a formal group stay at this level |
| Intermediate Weeks 9-16 | All class work on lead in normal, slow \& fast paces *Higher standard to beginners. | Dogs auto sit without much extra assistance. <br> * Handler may give some assistance, if necessary. | Introduced as part of the heel pattern. <br> * Handler may give limited physical or verbal assistance. | Introduced as part of the heel pattern. <br> * Handler may give limited physical or verbal assistance. | Both turns done with limited use of body language. <br> *Turns should flow and not be militaristic. | LAT is introduced as part of the heel pattern. <br>  <br> Pivot LAT methods are taught, About turns to be $180^{\circ}$, no stops | Dog ON LEAD in sit position, handler directly in front. <br> *Dog's head, back \& body only to be touched. | Dog left in sit on lead, handler 2m in front comes when called and sits in front of handler. <br> *Handler can move backwards \& give additional assistance | Still taught as a fun exercise. <br> *Dog <br> responds to 'Fetch \& Give' commands to 'Take \& Hold' should be phased out. |  | *Preliminary stages of distance control are introduced by doing STATIC work to sharpen drops, \& sits from either beside or in front of the dog. | Group stay, dogs sit OFF LEAD for 30 seconds Handlers stand 2 m in front of the dogs and return behind. <br> *Extra command to stay OK | Group stay, dogs drop OFF LEAD for 30 seconds Handlers stand $2 m$ in front of the dogs and return behind. *Extra command to stay OK |
| Advanced <br> Weeks 17-25 | All class work on lead in normal, slow \& fast paces *Higher standard to intermediate. | Dogs auto sit when handler stops walking. <br> * Handler no longer giving assistance. | Dog responds to handlers drop command (hand or signal) * Handler no longer giving assistance | Dog responds to handlers stand command (hand or verbal) * Minor assistance may be given. | Dog to remain beside handler in heel position on all turns. <br> *Stopping or giving assistance is to be phased out. | Dog to remain beside handler in heel position on all turns. <br> *Stopping or giving assistance is to be phased out. | Dog examined in STAND position, with handler at end of lead. *Only dog's head, neck are to be touched. | Dog left approx. 6 m off lead in sit position. Comes when called, sits in front of handler AND handler returns to the dog (behind). *NO finish | Still taught as a fun exercise. <br> *Introduce Dumbbell instead of toy, Dog responds to 'Fetch \& Give' | Heels around two cones or humans, 3m apart, with at least one halt. | *Informally taught. <br> Introduced with dog dropping from both sit and stand position with the handler directly in front, holding the lead. | Group stay exercise, dogs sit OFF LEAD for 1 minute Handlers stand 3 m in front of the dogs and return behind. <br> *Handler returns behind the dog. | Group stay exercise, dogs drop OFF LEAD for 1 minute Handlers stand 3 m in front of the dogs and return behind. *Handler returns behind the dog. |

*Items in italics signify information relating to the particular subject being taught in that class
*2.5m between dogs in stays

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| Recreation <br> Weeks 26+ |  | This special class is open to dogs that have achieved the Advanced Class Level and the handler wants to continue training their dog but does not want to participate in the trialling level classes. As there is no laid down training syllabus for this class, the week by week training structure is left up to the class instructor. It's considered that the class would continue to do heel work, recalls, examinations, stays, retrieves and distance control exercises as well as some other dog related exercises as Rally-O, Agility, and even Fly Ball training. This means that there would be NO further need for any future assessments to be carried out for dogs participating in this class. |  |  |  |  |  |  |  |  |  |  |  |
| Rally <br> Weeks 26+ |  | This special class is open to dogs that have achieved the Intermediate Class Level and the handler wants to continue training their dog but does not want to participate in the trialling level classes. As there is no laid down training syllabus for this class, the week by week training structure is left up to the class instructor. It's considered that the class would continue to do heel work, recalls, examinations, stays, retrieves and distance control exercises as well as some other dog related exercises as Rally. This means that there would be NO further need for any future assessments to be carried out for dogs participating in this class. |  |  |  |  |  |  |  |  |  |  |  |
| Trialling - CCD Weeks26+ | Class work is to be based on the standard required to participate in the ANCK Trial at CCD Level | Sits automatically when handler stops. <br> *NO hand signal or verbal commands are to be given to the dog | Dog responds to command or signal to drop, given in all 3 paces. *NO additional command is given | Dog responds to command or signal to stand, given in all 3 paces. *NO additional command is given | Dog remains in heel position on all left \& right turns. <br> *NO <br> stopping when turning or giving additional assistance. | Dog remains in heel position on all aboutturns. <br> *NO <br> stopping when turning or giving additional assistance. | Dog is examined in STAND position, handler stands in front. *Only dog's head \& neck are touched. | Dog is left OFF LEAD, approx. 12 m in sit position. Comes when called, sits in front <br> - THEN dog returns to handler (flip or regular) | Optional <br> Exercise <br> Handler <br> throws <br> dumbbell at <br> least 4 m , <br> dog <br> retrieves <br>  <br> holds it until <br> told to GIVE. <br> *NO FINISH, <br> Handler <br> returns to <br> dog | Included in heel pattern | Optional <br> Exercise <br> Dog in stand with handler approx. 3m in front, dog drops on command. <br> *NO FINISH, <br> Handler returns to dog | Group stay exercise, dogs sit OFF LEAD for 1 minute Handlers stand 5 m in front of the dogs and return behind. <br> *Handler returns behind the dog | Group stay exercise, dogs down OFF LEAD for 2 minutes Handlers stand 5 m in front of the dogs and return behind. <br> *Handler returns behind the dog |
| Trialling - CD (Novice) Weeks 26+ | Class work is to be based on the standard required to participate in the ANCK Trial at CD (Novice) Level | DOG OFF LEAD <br> Sits automatically when handler stops. <br> *NO hand signal or verbal commands are to be given to the dog | DOG OFF LEAD <br> Dog responds to command or signal to drop, given in all 3 paces. <br> */mprove hand \& verbal signals commands to drop the dog | DOG OFF LEAD <br> Dog responds to command or signal to stand, given in all 3 paces. <br> */mprove hand \& verbal signals commands to drop the dog | DOG OFF LEAD <br> Dog remains in heel position on all left \& right turns. *NO stopping when turning or giving additional assistance. | DOG OFF LEAD <br> Dog remains in heel position on all aboutturns. <br> *NO <br> stopping when turning or giving additional assistance. | DOG OFF LEAD Dog is examined in STAND position, handler stands 2 m in front. <br> *Only dog's head \& neck are touched. | DOG OFF LEAD <br> Dog is left OFF LEAD, approx. 15m in sit position. Comes when called, sits in front - THEN dog returns to handler (flip or regular) | DOG OFF LEAD <br> Optional <br> Exercise <br> Handler <br> throws <br> dumbbell at least 4m, dog retrieves dumbbell \& holds it until told to GIVE. <br> *NO FINISH, <br> Handler returns to dog | Included in heel pattern | DOG OFF LEAD <br> Optional <br> Exercise <br> Dog in stand with <br> handler approx. 3m in front, dog drops on command. <br> *NO FINISH, Handler returns to dog | Group stay exercise, dogs sit OFF LEAD for 1 minute Handlers stand 10 m in front of the dogs and return behind. <br> *Handler returns behind the dog <br> No extra signals or commands allowed | Group stay exercise, dogs down OFF LEAD for 3 minutes Handlers stand 10 m in front of the dogs and return behind. <br> *Handler returns behind the dog No extra signals or commands allowed |

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